Personal SWOT Analysis

# Name

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| Strengths   * What do you do better than others? * What special resources do you have (e.g. connections, extracurricular skills)? * What are your best personal characteris­tics (e.g. work habits, likeability)? * What do others see as your strengths? | Weaknesses   * What aspects of your course have been hardest for you (e.g. maths)? * Are there things you don’t feel confident doing? * Do you have personal weaknesses (e.g. lack of patience, poor study habits)? * What do others see as your weaknesses? |
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| Opportunities   * Where do you feel you can most easily con­tribute to your team? * Which aspects could you lead? * Do you have skills nobody else in the team has? | Threats   * Do any aspects of the problem scare you? * Are there areas where you feel you can’t usefully contribute? * Do others in your team have skills you do not have? |
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Be as realistic as you can—the more accurate your team’s understanding of its members’ dif­ferent aptitudes, the more likely you are to come up with an effective work plan. Even if you aren’t the strongest member of your team academically, you can still play a vital role (for example, fact checking or proof-reading—not glamorous, but *essential*, and often overlooked).